

APRIL 2019

Issue 1

Around
Community

AND THE BLUE GLOVE DANCE

WINNER IS ●●● They danced, you voted, and the results are in! The 2019 Blue Glove Dance contest was all in the name of raising awareness of colorectal cancer and to promote colorectal cancer screenings within Community. And once again, the entrants did an awesome job and deserve a hand—a hand within a blue glove, of course! So who danced their way to the top? It was a close

competition with less than 50 votes out of nearly 600 separating first and second place. The winner was submission 3, “BG Boogie,” submitted by Leslie Gaudreau and The Blue Glove Gang. *Please click on the link below to watch the winning video on inComm.*



JOIN UPCOMING WELLNESS CHALLENGE, GET WELLNESS SCREENING

●●● Have you started collecting wellness points yet? The latest challenge begins on April 15 and registration is now open. It’s a “Fuel Your Fitness” challenge to average 8,000 steps per day for a total of 224,000 over a four week period. Another way to earn easy points is to get your free wellness screening. Screenings are now underway across the Network and you earn 100 points for each screening results that lands within a healthy range,

for a total of up to 600 points. Remember, to earn the maximum reward of \$750 deposited into your health savings account or health reimbursement account for 2020, you need to earn 1,000 points by the end of September. *To join an upcoming challenge or to register for a free wellness screening, log into the MyWellness portal at the link below.*



MARK YOUR CALENDAR FOR HEALTHCARE TEAM WEEK ... Our annual celebration of Community caregivers and teams is gearing up for next month. Healthcare Team Week, scheduled for May 6-12, will be packed with special events, celebrations, deals and prizes for all who are part of the Community team. Watch for more details soon!

AUTHOR SPEAKS ABOUT ADDICTION ...

Solving the addiction epidemic was a recent topic at an event sponsored in part by Community Health Network. David Sheff, the bestselling author of *Beautiful Boy*, spoke last month in front of more than 1,000 people at Clowes Memorial Hall at Butler University. He recounted experiences with his son who used drugs from a young age but who has now been sober for nine years. Community Health Network President and CEO Bryan Mills provided the closing remarks at the event. *To read more about the conversation with Sheff, please click on the link below.*



IT'S TIME TO FINISH YOUR MANDATORIES ... The deadline is May 1 for Community team members—including but not limited to employees, contractors, contingent works, agency workers and providers—to complete mandatory training. For most employees, the training has been added to your learning plan in MySuccess Center. (Note that the mandatory training process is different for employees of Community Anderson). *To complete your mandates, check your email for instructions or visit MySuccess Center via inComm.*